



St. Cecilia Care

Dorset Ltd



Spring Newsletter, 2021

Beyond Covid

Despite an outbreak of Covid-19 in early 2020, St. Cecilia has, through strict adherence to regulations and heroic efforts from all staff, kept clear of the virus for twelve months. All our residents have had their two vaccinations, and both residents and carers are tested regularly. Our office has become a staff changing room and the garden studio, Robin's office.

What shines through these difficult times is the sense of cheerfulness and jollity among our carers and residents. There is always conversation and activity, with lots of laughter and music. Simon, our activities coordinator is with us two days a week and Ben gives weekly exercise therapy sessions. They inspire us all and help to maintain that lovely St. Cecilia sense of joy.

Stop Press: Residents can now visit relations in their gardens or local park without having to self-isolate on their return. They must be accompanied by their nominated visitor, who must comply with testing and social distancing regulations.

We would like to extend a heartfelt welcome to our new residents, Doris and Helen, and wish them happiness during their stay.

WELCOME

Out in the Garden

Paul and Sally Jones have transformed the gardens over the last 9 months. The old laurel hedge is gone, and in its place we have a new wooden fence and landscaped front garden. There is a revitalised lawn and blooming flowerbeds, with plenty of light and space for our residents to sit in the sunshine.

The back garden, too, has been transformed. The tall pine trees have been cut down, the fruit trees pruned and the beds tidied and planted. Our thanks to Tessa's husband, Steve, for his valuable contribution to these changes.



National 3 Peaks Challenge St. Cecilia Carer Fundraising for Dementia UK

Alex Hanus will be testing himself to the full in late June, when he takes on the National 3 Peaks Challenge. He is in training to climb Ben Nevis, Scafell Pike and Mount Snowdon—all within 24 hours!

If you would like to support Alex and raise money for Dementia UK, please go to:

[https://uk.virginmoneygiving.com/
AlexandruHanus/1](https://uk.virginmoneygiving.com/AlexandruHanus/1)



A jolly afternoon enjoying the sunshine



Steve and Tessa at work in the garden

