



St. Cecilia Care Dorset Ltd



Spring Newsletter, 2019

Stop Press....

Wedding Joy!

On Sun, 9th June, Ruth's son, Robbie, was married to Emily in Poole, in full British Grenadier regalia, accompanied by ten colleagues from the Band of the Grenadier Guards. The sun shone. We wish both bride and groom a bright and loving future together.



New Kitchen

St. Cecilia now has a completely refurbished kitchen. This was a major operation. Ingenuity, patience and a good deal of hard work were required from our wonderful team, led by Nick, to continue to supply nourishing and appetising meals (and the usual gallons of tea), under very trying conditions. They coped magnificently!

In the meantime, Richard and Mark, of Kitchen Solutions, worked with good humour, patience and understanding, as they completely stripped out the kitchen from floor to ceiling. They have replaced it with a new kitchen which is more modern, hygienic and a joy to work in. Everyone is delighted with the result!

Resident Activity

Simon, of Brighter Days, continues to provide very enjoyable personalised activity sessions with all our residents every week.

We also have weekly chair-based exercise sessions with Ben Smith of G-Fitness. Ben has considerable experience of working with the elderly and uses Tai Chi and self massage. Staff and residents alike find the exercises fun and beneficial.



Garden Activity

Visitors may have noticed considerable improvements in the grounds of the care home recently.

Lee Willmington, our new gardener, has been working hard, with clearance of overgrown areas and new planting.

We obtained permission to fell a number of leylandii trees, which towered threateningly over the back garden, obscuring sunlight. The removal of the trees has taken away the darkness of the back garden and Robert has been repairing fences and handrails, so that the grounds are becoming more welcoming again.

We also have a new oak garden bench, kindly donated by friends and family in the memory of John Bartlett. We thank them for their generosity.

Goodbyes We have been sorry to lose Howard and Dorene, who were such strong personalities at St. Cecilia. We send our condolences to their families and friends.

Welcome We would like to welcome Jack and Betty, and hope they continue to enjoy being a part of St. Cecilia.



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