



# St. Cecilia Care Dorset Ltd



## Spring Newsletter, 2016

### The Personal Touch

You may feel secure that your loved one is known personally to all our staff members. It is the personal touch which is most needed in Dementia Care. At St Cecilia, you will find up to eight carers working at any one time to care for 14 people. Not only that, but unlike most other homes, it is our policy never to use agency staff.

Our staff are dedicated, as can be seen by their **Long Service Awards**:

- 10 years: Juliet, Simie, Junior
- 5 years: Nick, Robin, Geraldine, Jerwin, Linda, Luis
- 2 years: Angelina, Olivia, Stuart, Maciej

Our recent very positive **Monitoring Report from Borough of Poole** commented on the high quality of our carers and the fact that all of them have or are currently undertaking vocational qualifications.

The most important thing for people with a high level of dementia is continuous one-to-one interaction between them and carers. Not everybody can enjoy or appreciate group activities. For some people, a kindly touch and a few friendly words are worth far more than organised entertainment. We build in this sort of care throughout the day for all our residents. For those who benefit from other stimulation, we have a variety of entertainment and therapy throughout the week, as well as regular hairdressing and chiropody.

A typical week this summer may include:

- Simon of Brighter Days – Motivational Therapy
- Richard's Singalong
- Ernest on the organ
- Robert Brookes on keyboard and guitar
- Reyes – garden activity
- Luis – TV karaoke and videos
- Visiting entertainers e.g. Demelza (pictured)
- Alfie of Caring Canines



All our residents are assessed on the Poole Activity Level Assessment, which allows Robin and Olivia to tailor activities to the individual.

### Staff Training

Annual in-house training will take place in June, provided by Pinnacle Training. This ensures that all carers are fully up-to-date in all areas.

The training consists of:

- Basic First Aid
- Client Handling
- Medications
- Dementia
- Infection Control
- Equality & Diversity
- Fire Safety
- Health and Safety
- Food Safety
- Mental Capacity & DoLS
- Safeguarding of Vulnerable Adults

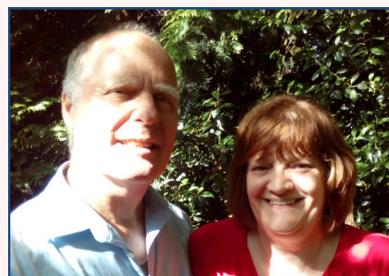


Date for your diary:

**Summer Barbecue &  
Garden Party**

**26th July, 2016 3.00-4.30 pm**

### Silver Medal for Karen



Karen was awarded the St Cecilia Silver Medal in 2015 for outstanding services as our Compliance Officer over the past three years. As she was unwell at the time, we were unable officially to present her with the medal and certificate. Fortunately, she is now in full health and we would like to say a big thank you to Karen for all that she has achieved at St Cecilia.

### Redecoration and Refurbishing

The whole of the second floor has been redecorated, including new non-slip floor coverings. The lower stairlift is being replaced in June. We have established

two new garden areas, outside the conservatory and outside the office, with planted containers for the use of residents under the supervision of Reyes. We have replaced bedroom suites, sitting room chairs and beds including two hospital beds. St Cecilia is subject to constant heavy wear and tear. Our thanks go to Pete Boorman, our handyman, whom you may recognise by the paint brush or screwdriver in his hand.



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